



MARTIAL ARTS INSTITUTE OF AMERICA

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MENTAL EDUCATION

1. **BE LOYAL TO YOUR COUNTRY.**
Our country is our very soul and we must always strive to be loyal.
2. **BE LOVING AND SHOW FIDELITY TO YOUR PARENTS.**
We must honor our parents in order for our children to honor us.
3. **BE LOVING BETWEEN HUSBAND AND WIFE.**
A husband and wife should be considered one. Life without love has no dignity.
4. **BE COOPERATIVE BETWEEN BROTHERS AND SISTERS.**
A person who is considered your brother deserves to be helped, encouraged and treated with kindness by you and others.
5. **BE FAITHFUL TO YOUR FRIENDS.**
A friend is like a brother. We are at our best when we forget our troubles to help a friend.
6. **BE RESPECTFUL TO YOUR ELDERS.**
There is no substitute for the experience of the old. We must care for and honor them.
7. **ESTABLISH TRUST BETWEEN TEACHER AND STUDENT.**
A teacher must do his best for his students. In return, his student will give him loyalty and respect.
8. **THINK BEFORE KILLING ANY LIVING THING.**
We should avoid killing living things whenever possible. Killing without just cause does no one honor.
9. **NEVER RETREAT IN BATTLE.**
Inner strength is the key to real valor and makes brave men.
10. **ALWAYS FINISH WHAT YOU START.**
Most importantly, finish whatever you start. Responsibility and freedom make a man.